

Preface

The **Child-to-Child Resource Book** is one of the most widely used Child-to-Child publications and the fact that it has been translated and adapted into as many as 31 languages is testimony to its popularity. This revised edition includes changes to health content based on the World Health Organisation's **Facts for Life**. Activity sheets from **Early Years Promote Health** and **Child-to-Child Approaches to HIV and AIDS** have been included. New Activity Sheets on Bird Flu, Sexual Health and Safe Motherhood and Diabetes also feature in this edition as these health topics have recently emerged as having a significant universal impact on children, their families and their communities. The step-by-step format of the original Activity Sheets with activity ideas has been maintained because practitioners have found this extremely useful in planning sessions with children.

The revision process has been carried out by a group who has both the theoretical and practical expertise in the areas of health promotion, inclusive education, nutrition, children's participation, active learning methods, disease prevention, and HIV and AIDS. Some of the reviewers have also had field experience evaluating or practising Child-to-Child approaches so they have reviewed the content with the field practitioner in mind.

We would like to thank Dr Shaheena Aboobakar, Rachel Carnegie, Christine Scotchmer, Dr Liaquat Virjee, Dr Anne Nesbit, Dr Tashmin Khamis and Farah Babul for revising and rewriting sections of the Activity Sheets. Our appreciation is extended to Sybil Spence for the commitment she has put into designing and formatting this publication and to David Gifford for the illustrations. The Victor Adda Foundation and Marie Rahima Dawood Foundation are also acknowledged and thanked for their financial support, without which this publication would not have been possible.

Finally, we would like to send a message to all of the practitioners, trainers, advocates of children's participation and others who will use these materials to work with the estimated 1.5 million children impacted by Child-to-Child annually in over 70 countries. These Activity Sheets are designed to serve as a model for you to adapt and create materials that suit the context and realities specific to the countries in which you work. The process of adapting, improving and creating materials is an important vehicle through which we can deliver quality health education that encourages meaningful children's participation in health and development. We hope this book is a valuable step to make the goal of delivering quality health education a reality for the world's children.

Where to Obtain Activity Sheets

Copies of this Resource Book (the Activity Sheets) are available from TALC (Teaching-aids At Low Cost), P.O.Box 49, St. Albans, Herts ALA 4AX, UK. TALC have the facilities for sending material all round the world, and in addition to the Resource Book sell a large quantity of relevant health education material. Much of it, like the Resource Book, is free of copyright. Write to them for their latest order forms and price lists or visit their website at www.talcuk.org.

Some Activity Sheets are available in other languages. Write to us at Child-to-Child for the latest information or visit our website www.child-to-child.org.

THE ACTIVITY SHEETS AND THE CHILD-TO-CHILD READERS

Currently nineteen readers have been published by Child-to-Child on subjects closely linked with the Activity Sheets. They are of different levels of difficulty. Grade 1 readers are suitable for children who have studied written English for three years; Grade 2 for four–five years; and Grade 3 for six–seven years. Titles are as follows:

Title	Linked to sheets:
GRADE 1	
Accidents	4.1
Dirty Water	3.4
Uncle George Feeds his Baby	2.1, 2.2, 2.3, 2.4
Not Just a Cold	6.7
The Market Dentist and other stories	3.1
GRADE 2	
A Simple Cure	6.1
Diseases Defeated	6.4
Flies	3.5
Teaching Thomas	1.1, 1.2
I can do it too	5.1, 5.2, 5.3
Two Girls and their Dreams	9.4, 9.5
Can Betsy Stay at School?	1.4
GRADE 3	
Deadly Habits	7.1, 7.3
The Cholera Crisis	6.6
Who Killed Danny?	8.1
Freda Doesn't Get Pregnant	1.6
Five Friends of the Sun	8.4
To Have a Son Like You	These last two books are not linked to any particular Activity Sheets.
The Path of Peace	

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